

STATE OF ALABAMA DEPARTMENT OF SENIOR SERVICES

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November 21, 2022

To: Nutrition Coordinators

GA Production Units

From: Carol Bush, RDN, LD

Bobbie Morris, RDN, LD

Keyanna Kinloch

Re: Winter FY23 Menu Materials

The Winter FY23 Menu Materials are attached for you to duplicate for the Senior Center Managers. We have one new entrée item on menu 7, Chicken Tortilla Bake. We also have planned to have some new snack cakes and readymade fruit pies for some of the menus, pending availability of product.

The final menus are based on the menu comments we receive back from the centers foremost, and from the nutritional requirements needed to be met for each day. However, the final menus result from production feasibility and from the availability of the food for each planned menu. The supply chain for food continues to be an issue. As always, please encourage the senior center staff to refer to the serving guides prior to plating the meals, and to continue to provide feedback on the menus.

Generally, the winter menus are printed on blue colored paper. If you have the resources to accomplish this, then do so.

If you have any questions, please contact Bobbie Morris at 334-353-8320, or Keyanna Kinloch at 334-328-7752.

Thank you for all that you do, and for all that your senior center managers and volunteers are doing to get our seniors fed. Stay well!

Sincerely, The ADSS Nutrition Team

cc: Laura McGinn Jake Fatica